

ALBANY HILLS STATE SCHOOL

TUCKSHOP MENU

Effective Term 1 2021

Any enquiries to the Tuckshop Manager Sharon or convenor Darlene on 3264 0728

HEALTHY OPTIONS-AVAILABLE DAILY

SANDWICHES

Made to order on a choice of preservative-free white or wholemeal bread. A roll, lavash bread & gluten free is (50c extra)

Vegemite ---- \$1.50

Cheese ---- \$2.50

Ham and Cheese ---- \$3.50

Egg and Lettuce (with/without mayo) ---- \$2.50

Salad-Lettuce,Tomato,Carrot,Cheese \$3.50

Ham , Chicken ,Tuna \$2.50

Ham, Chicken or Tuna and Salad ---- \$4.50

Extras(per serve) Onion,Beetroot,Avocado \$0.25

Sandwiches can be toasted on request.

SALADS

Rainbow Salad \$3.50

Lettuce,Carrot,Tom, Cheese,1/2Egg , Beetroot \$3.50

Add Ham or Chicken 50c extra each : Avo 25c extra

Carrot sticks/rice crackers with hummus dip \$2.50

Fresh Fruit Salad (seasonal) ---- \$3.00

Add Yoghurt 50c extra

Watermelon Cup \$2.50

Cheese and crackers (6 per serve) \$2.00

Cheese and rice crackers(6 per serve) \$2.00

Slinkied Apple \$1.00

BYO Apple to be Slinkied ---- \$0.10

Boiled Egg ----Free Range \$0.80

DRINKS

Plain Milk (150ml) ---- \$1.00

Flavoured Milk (Strawberry, Chocolate) ---- \$2.20

100% Juice Popper (150ml) ---- \$1.30

(Apple, Orange & Apple-blackcurrant)

100% Juice Popper (250ml) ---- \$2.00

(Orange, Apple, Apple-blackcurrant & Multivitamin.

Water (600ml) ---- \$1.60

All Drinks now carry the 10c refund levy

ICE BLOCKS

Plenty of varieties available ----

Prices range from ---- \$0.30 to \$2.50

Available at second break only

HOT FOOD-AVAILABLE EVERYDAY

Chicken Burger (Lettuce, Tomato, Mayo) ---- \$3.50

Add cheese \$3.80

Hot Dog with Sauce ---- \$3.20

Hot Dog with Sauce and Cheese ---- \$3.50

Chicken Breast Wedges (3 per serve) ---- \$3.00

MONDAY TO THURSDAY

Pasta Napolitana ----with cheese \$2.80

Pasta Napolitana ----without cheese \$2.50

Jacket Potato with Cheese ---- \$2.50

Corn Cobette ---- \$1.30

MONDAY SPECIAL HOMEMADE

Toasted Quesadilla

Chicken,cheese & Mild Peri Peri sauce. \$3.50

TUESDAY SPECIAL HOMEMADE

Butter Chicken with rice and naan \$4.50

WEDNESDAY SPECIAL HOMEMADE

Mexican Beef Nachos \$4.00

Add Sour Cream & or Cheese ..each \$0.30

THURSDAY SPECIAL SUSHI (freshly prepared)

MUST BE ORDERED BY NOON WEDNESDAY

Crispy Chicken \$2.80

Tuna and kewpie Mayo \$2.80

Avo and Cucumber \$2.80

Soy sauce optional \$0.10

Homemade Pepperoni Pizza 2nd break only \$3.00

FRIDAY SPECIAL HOMEMADE

Pork Sausage Roll \$3.00

(Sauce on request)

TREATS

Cupcake of the day ---- \$1.50

Popcorn (freshly popped) \$0.50

Fruit toast (2 slices) \$2.00

Choc Chip Cookie \$0.80

Egg and Dairy free chocolate Cup cake \$1.50

Compatibility Report for tuckshop menu 2010 rev2.xls
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